

Plant a Soup Garden!

Grow some herbs....

Parsley

Thyme

Oregano

Dill

Sage

Basil

Marjoram

Rosemary

Cilantro

Tip: Herbs such as thyme, oregano, and rosemary like well drained soil. Take care not to overwater!

Grow some veggies....



Tomatoes

Potatoes

Cabbage

Carrots

Corn

Turnips

Peas

Beans

Peppers

Tip: If you don't have a garden, visit your local Farmer's Market!



Grow some greens....

Spinach

Kale

Swiss Chard

...And add a salad!



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Lettuce

Radish

Garlic

Tip: Grow garlic amongst your greens to help keep away unwanted pests!